

# Level 3 Award for Mental Health First Aiders

Course Code:

247/MH/3/001

## WHO REQUIRES THIS QUALIFICATION?

*This qualification develops the learner's knowledge and understanding in order for them to identify and understand symptoms and be able to support someone who may be experiencing and mental health issue. This qualification will support a role in the workplace.*

*This qualification supports employers in complying with requirements outlined in the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.*

## Why 24/7 Safety Training?

*24/7 Safety Training is the leading provider of regulated compliance qualifications in the UK & Ireland, training thousands of learners every year.*

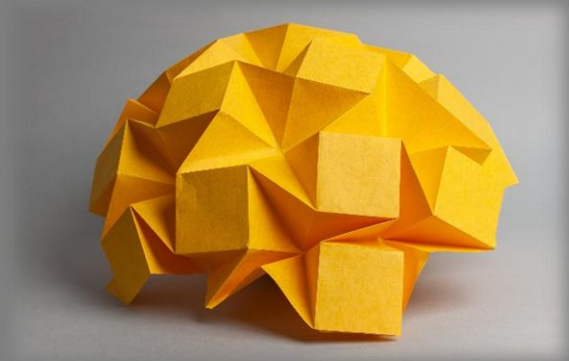
*We're extremely proud to be a recognised centre of excellence and offer industry-recognised qualifications that will enhance your career prospects*

## Mental Health

## Fact Sheet



12-Hour Course



## What does the qualification cover?

Topics include:

- ✓ The learner will understand the principles of mental well-being
- ✓ The learner will know the legal requirements for managing mental health in a workplace
- ✓ The learner will know how to recognise the causes and impact of stress
- ✓ The learner will know how to recognise and support those with a common mental health condition
- ✓ The learner will know how to recognise and support individuals with Psychosis
- ✓ The learner will know how to recognise and support individuals with bipolar disorder
- ✓ The learner will know how to recognise and support individuals with schizophrenia

**BOOK  
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