

Level 3 Award in Mental Health at Work

Course Code:

247/MH/3/002

WHO REQUIRES THIS QUALIFICATION?

This qualification is aimed at employees in any industry or sector and is suitable for managers and team members alike. With an increase in poor mental health, it is important that individuals understand their own mental health and how common mental health concerns can be identified in themselves and others.

Learners will develop knowledge of a range of mental health conditions, potential impacts on an individual in the workplace and where to refer them for help and support.

Why 24/7 Safety Training?

24/7 Safety Training is the leading provider of regulated compliance qualifications in the UK & Ireland, training thousands of learners every year.

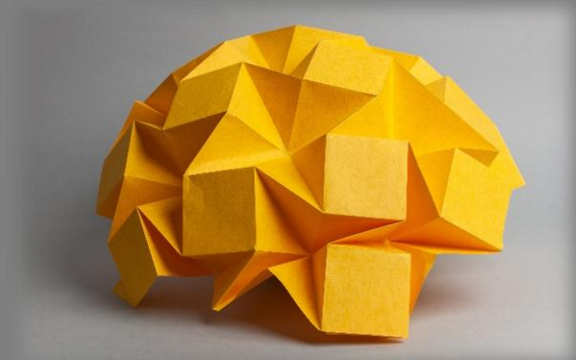
We're extremely proud to be a recognised centre of excellence and offer industry-recognised qualifications that will enhance your career prospects

Mental Health

Fact Sheet



12-Hour Course



What does the qualification cover?

Topics include:

- ✓ Be aware of common mental health disorders
- ✓ Know how to recognise the causes and impact of stress
- ✓ Know how to recognise the causes and impact of common mental health conditions
- ✓ Know how to recognise and support individuals with a personality disorder
- ✓ Know how to recognise and support individuals with Psychosis
- ✓ Understand how individuals may use harmful strategies to cope with a mental health disorder
- ✓ Know how to recognise and support an individual in suicidal crisis
- ✓ Be able to support an individual with a mental health issue

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NOW**

Telephone: +44 (0)117 463 2307

Email: info@247safetytraining.co.uk